

<Date>

Dear Family & Friends:

Hi, my name is <Your Name> and I am a friend of <Pilgrim's Name>. <Pilgrim's Name> has decided to go through an experience call <The Walk to Emmaus/Chrysalis>, and I am to be <his/her> sponsor. <The Walk to Emmaus/Chrysalis> is a spiritual retreat, filled with lots of fun, food, and friendship. It is a three-day weekend, where <Pilgrim's Name> will spend time getting to know other people in the community and <himself/herself>.

This weekend is filled with many surprises, and one of these wonderful surprises are letters of love and friendship, called Agape. This is where you, as a relative or friend of <Pilgrim's Name> get to tell <him/her> how much you appreciate and love <him/her>. These letters can be memories of special times, a note to say hello, or just about anything you like. The main objective is to let <Pilgrim's Name> know how many people love and care about <him/her>. This is meant to be a surprise and is a very special part of <his/her> weekend, **so please do not tell <him/her> about these letters.**

As <his/her> sponsor it is my honor to get as many Agape letters from family and friends as possible, so we can let <him/her> know what a special person <he/she> is. For anyone who has experienced a weekend like this, you know how fulfilling it can be.

<Pilgrim's Name> will be doing her <Walk to Emmaus/Chrysalis> on <Walk or Chrysalis Date>. The letters need to be to me no later than <Date>. Letters should be place in an envelope with <Pilgrim's Name> name on it, and placed in another envelope for mailing c/o me. I will collect all the Agape letters and deliver them to the church for all of you.

If you know anyone that <Pilgrim's Name> would enjoy hearing from please share this letter with him or her. **But please remember, this is meant to be a surprise.**

If you have any questions or would like more information, please feel free to contact me. Thank you for helping to make this a very special weekend for <Pilgrim's Name>. <He/She> is excited for this weekend and I know <he/she> will be very surprised and happy to hear from all of you.

Thank you,

<Your name, address, email, etc.>